



# The Weekly Jog

Volume 2, Issue 28 Jog: to nudge, to give a reminder, *jog* the memory

July 9<sup>th</sup> 2008

*"The New Plymouth Church Family Experiencing and Sharing the Transforming Power of Jesus."*

## A Simple Strategy for Bible Study

There are many things that keep me from personal Bible study. Sometimes I let all the busyness of life crowd it out. Other times, after a hard day, I just want to become a couch potato in front of the tube. I'm too tired to think, much less study God's word. At other times, when I have a mind to study, the options become overwhelming. Do I start in the Old Testament or the New? Should I study a book? Or topics like grace, the Church, or Jesus? I know it sounds silly, but with a book the size of the Bible, and knowing that anything I study can be beneficial, trying to make a choice can be frustrating.

However, there is a strategy which helps me with all three of these weaknesses. Although it doesn't eliminate the need for some self-discipline, it does make it a little easier. The strategy is very simple: I make a plan. Nothing elaborate, just a decision about when, where and what to study. If I know what to do and when, it is much easier to carry through with my intentions, even when tired. When and where are relatively easy decisions. I get up early and go to my office or the kitchen table. You may want to study late at night on the couch, but make sure you pick a time and place where there are minimal distractions.

Now, what to study? If I don't have something that just really grabs my interest, I can always benefit from studying the material covered in Sunday morning and Wednesday night Bible classes. By going over the material and studying the verses, I gain a deeper understanding of what was covered in class and it will actually stay with me. If there is something I don't understand, I can bring it up in the next class, where not only I will benefit from the answer, but the rest of the class will as well. My personal study will make my class experience much richer and I will be able to share any insights gained. Though my efforts may be tired and imperfect, God will bless them and make them beneficial to me and to those I interact with. I do believe God rewards those who seek Him as best they can (Heb. 11:6).

Remember to pray for the sick among us at this time and those who are struggling with their faith. The prayer of a righteous man availeth much.

## ADULT MID WINTER FORMAL DINNER

DATE: SATURDAY 26<sup>TH</sup> July.

6: 30P.M.

See Jessie for further info.

Allan's Psalm Journal: Psalms 17-18

### Psalms.17.

David appealing to God for his integrity begs for defence against his enemies, ver. 1 - 9.

Describes their Wickedness, ver. 10 - 12. Prays for deliverance from them, and rests in hope, ver. 13 – 15. When surrounded by the people of this world we must set our hearts on the spiritual world beyond.

### Psalms.18.

David attributes all to God who is His strength and rock and mighty tower, deliverer, support, refuge, shield, horn, strong hold as he is ours too. In 43-45 He is the king of all nations which was true of David yet more so of Christ.

### Important matters:

**Special Collection: Last Sunday of the month 27<sup>th</sup> July.**

**For James Cammock:** This is a contribution to help Brother James as he prepares to attend the 'Southwest School of Biblical Studies,' for two years from August 2008. This is a great work for our involvement and support. We need these young men to train for service for the Lord.

Allan